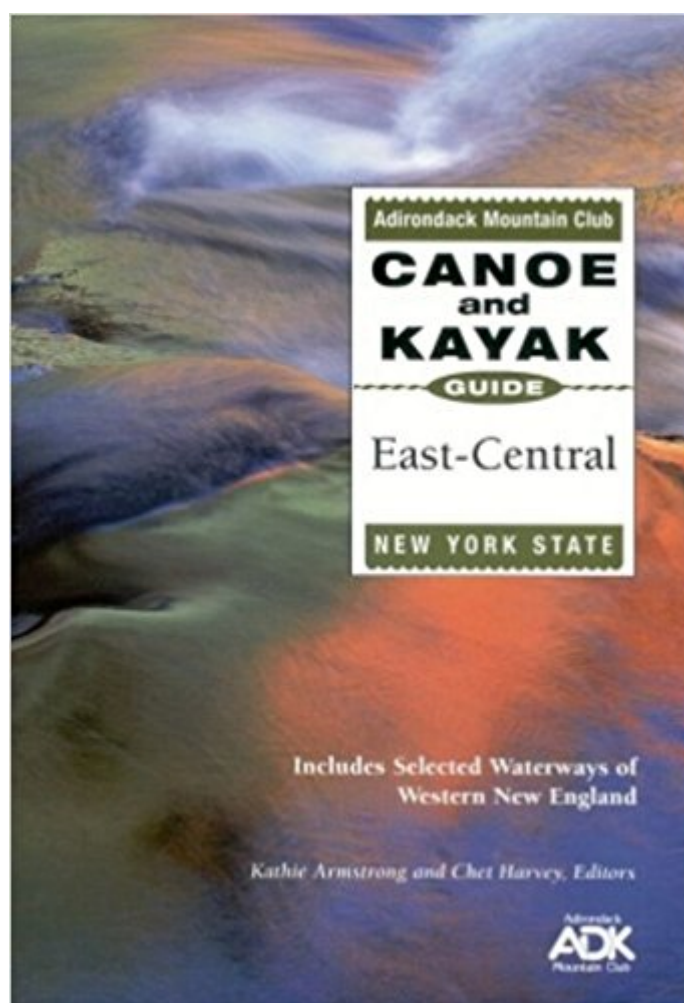


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# The Adirondack Mountain Club Canoe And Kayak Guide: East-Central New York State



## Synopsis

Describes 60 of the best paddles from Newcomb to Kingston, and Herkimer to New England. Includes the Capital District. Launch sites, difficulty, distances, and takeouts. By Kathie Armstrong and Chet Harvey. 286 pages. Softcover.

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